

NAIL SOCIETY OF INDIA
ONYCHOCON 2023
BENGALURU

24<sup>th</sup> to 26<sup>th</sup> November 2023 BMC&RI, Bengaluru

NATIONAL CONFERENCE

For the first time in the history of **ONYCHOCON**we are conducting hands on **Cadaveric Workshop** on nail surgeries







We are thrilled to announce ONYCHOCON 2023,

the 12<sup>th</sup> National Conference of the Nail Society of India in Bengaluru from November 24<sup>th</sup> to November 26th 2023. This prestigious event will feature the highly anticipated "**Cadaveric Nail Workshop**," marking a significant milestone in ONYCHOCON history.

Join us for this transformative experience where you will gain valuable insights from leading experts in the field of nail care. Don't miss this opportunity to elevate your nail care practices and expand your professional network.

See you there!

#### **Cadaveric Nail Workshop**

Take the opportunity to master the art of Nail surgery and enrich your knowledge of anatomy, pathology, and surgical principles concerning nails in this academic extravaganza.

ONYCHOCON 2023 presents an integrative nail surgery course model that delves into the anatomy, pathology, and surgical aspects of the nail unit through theoretical lectures and hands-on training on fresh-frozen cadavers, thoughtfully designed by professionals specifically for dermatologists.

The hands-on workshop will extensively cover various aspects, including anaesthesia of the nail unit, nail bed, and matricial biopsy, as well as partial nail avulsion with chemical matricectomy and complete nail avulsion. The course aims to instil confidence among dermatologists to independently perform nail surgeries.

Here is a brief overview of the course layout: Face-to-face theoretical sessions will cover all aspects, ranging from basic to advanced nail-related pathology, presented by expert faculty members from the Departments of Anatomy and Dermatology. Subsequently, participants will engage in hands-on cadaveric nail surgery in the anatomy laboratory, under the guidance of skilled dermatology masters in nail surgeries.



#### **NSI COMMITTEE** •



Dr. Vineet Relhan President



Dr. Chander Grover Vice President



Dr Shikha Bansal Honorary Secretary



Dr. Khushbu Mahajan Treasurer



Dr. Deepak Jakhar Jt Secretary

## **ORGANISING COMMITTEE**



**Dr. S Sacchidanand**Organising Chairperson



**Dr. B.S.Chandrashekar** Scientific Chairperson



**Dr. Shilpa K.**Organizing Secretary



**Dr. Madura C**Workshop Chairperson



**Dr. Savitha A S**Scientific Co-Chairperson



Dr. Jagadish P



Dr. Nagesh T S
Scientific Secretary



**Dr. Sujala S Aradhya**Joint Secretary





## DAY 1: 24<sup>th</sup> November 2023, Friday

Cadaver Workshop - Friday 24.11.2023, 09:00-12:30 Venue: Anatomy Dissection Hall, BMC&RI

#### CADAVER WORK SHOP (9 AM -12.30 PM)

Cadaver workshop has been designed in such a way that each delegate gets a nail unit for hands on dissection and learn all the below mentioned learning points. There will be 6 stations with 8 delegates and an expert mentor per station.

#### Learning objectives:

- The delegate will be learning the anatomy of the Digit and Nail unit from expert anatomists in collaboration with dermatologists specialized in the subject. This will be a good exposure for you all to perform hands on surgeries on cadaver nail unit independently and assisted by your mentors.
- You will be learning the points and techniques of digital blocks and its variants.
- The delegates will be specifically learning the technique of intra matrix and bed injections.
- You will be doing nail matrix and bed biopsy, partial nail avulsion and correct technique of matricectomy and safe techniques for complete nail avulsion with dos and dont's of techniques.

#### What we expect from the registered delegates?

To read about the basic anatomy of nail unit and all above mentioned procedural techniques from standard textbook of dermatosurgery well in advance before attending the cadaver workshop. This enables you to understand all the above said surgeries with ease and mentors can guide you in acquiring correct skills.

#### **Faculty**

Table 1	Table 2	Table 3
Dr Archana Singal	Dr Chander Grover	Dr Sushil Tahiliani
Dr Savitha A S	Dr Deepak jakhar	Dr Divya Gorur
	Dr Shikha Bansal	
Table 4	Table 5	Table 6
Dr Madura C	Dr Eswari L	Dr Nitin Barde
Dr Harish Prasad	Dr Syed Mubashir	Dr Deepak H S
		Dr Shilpa K



Live Workshop (In Theatre Observation)
Friday 24.11.2023 14:00-17:00

Venue: Dept of Dermatology, OPD B Block, first floor, Victoria Hospital (Near Govt Dental College)

Each OT will have 10 delegates each

## **Faculty**

OT 1	OT 2	OT 3
Dr Archana Singal	Dr Chander Grover	Dr Sushil Tahiliani
Dr Nitin Barde	Dr Deepak Jakhar	Dr Vineet Relhan
Dr Eswari L	Dr Manas Ranjan Puhan	Dr Madura C
Dr Savitha A S	Dr Shikha Bansal	Dr Syed Mubashir
Dr Harish Prasad	Dr Jagadish P	Dr Nagesh T S
	Dr Shilpa K	Dr Divya Gorur

#### Procedures to be demonstrated

- Demonstration of nerve block
- Partial nail avulsion
- Intramatrix injection
- Complete nail avulsion
- Nail bed biopsy
- Nail unit biopsy
- Nail matrix biopsy
- Pincer nail surgery
- Inj Bleomycin for wart
- Crescentic excision
- Nail tumour excision
- Gel nails



## • SCIENTIFIC PROGRAM •

# DAY 2: 25<sup>th</sup> November 2023, Saturday Venue: Auditorium (6<sup>th</sup> floor), BMC&RI

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Time	Topic	Faculty		
09:00 - 09:30	Registration			
09:30 - 10:30	Back to Basics			
09:30 - 09:45	Applied anatomy of nail	Dr Deepak Jakhar		
09:45 - 10:00	Basics of HPE - Nail	Dr Eswari L		
10:00 - 10:20	Onychoscopy	Dr Deepak Jakhar		
10:20 - 10:30	Discussion			
10:30 - 10:45	Tea break			
10:45 - 11:15	Key note address -	Dr Archana Singal		
	'Odyssey of Onychology in India'			
11:15 - 11:25	Nail sample collection	Dr Madhu Rengarajan		
11:25 - 12:00	Onychomycosis - Panel discussion	Moderator		
		Dr Prabhakar M Sangolli		
		Panelists		
		Dr Madhu Rengarajan		
		Dr Nandini A S		
		Dr Amit Shekhar		
		Dr Vineet Relhan		
		Dr Shivkumar Patil		
12:00 - 13:00	Inauguration			
13:00 - 14:00	Lunch			
14:00 - 15:30	Procedures for Nail			
14:00 - 14:10	Blocks for nail surgery	Dr Harsha G		
14:10 - 14:25	Nail Biopsy techniques	Dr Vineet Relhan		
14:25 - 14:40	Management of ingrown toe nail	Dr Manas Ranjan Puhan		
14:40 - 14:50	RF cauterization of nail Matrix	Dr B B Mahajan		
14:50 - 15:05	Intralesional treatment for nails	Dr Shikha Bansal		
15:05 - 15:20	Management of glomus tumour	Dr Sadanand Nayak		
15:20 - 15:35	Nail tumours (other than glomus)	Dr Chander Grover		
15:35 - 15:45	Pincer Nail management	Dr Sushil Tahiliani		
15:45 - 16:00	Discussion	21 Gastiii Tariiilatii		
16:00 - 17:00	QUIZ PRELIMS (7 <sup>th</sup> Floor, BMCRI building)			
16:00 - 16:15	Coffee break			
16:15 - 16:30	Drug delivery for nails	Dr Vishal Gaurav		
16:30 - 16:45	Lasers for nail	Dr B S Chandrashekar		
16:45 - 17:00	Periungual warts	Dr Nitin Barde		
17:00 - 17:15	Management of brittle nails	Dr Khushbu Mahajan		
17:15 - 17:30	What's new in nail disorders	Dr Sushil Tahiliani		
17:15 - 17:30 17:30 - 17:40		DI SUSTILI TATIIIIATII		
17.30 - 17.40	Discussion			
17:40 19:45				
17:40 - 18:15 19:00 onwards	AGBM Banquet @ Hotel La Marvella, South end circ	lo lovanagar		



# DAY 3: 26<sup>th</sup> November 2023, Sunday

Time	Торіс	Faculty
08:30-09:15	NSI Systopic Thesis Award paper session	
	Nailfold Capillaroscopy using Dermoscope as a tool     To assess correlation Of vasculopathy in Nail folds     with Retinopathy in Diabetes mellitus Patients.	Dr Abhirut Thakur
	<ol> <li>To evaluate and compare nail changes in leprosy and diabetic neuropathy on clinical, onychoscopic and nail fold capillaroscopic features.</li> </ol>	Dr Bharti Agarwal
	Nail changes in Patients receiving Cancer Chemotherapy.	Dr Kriti
	Assessment of nailfold Capillary changes with USB     Videodermatoscope in Psoriatic patients and its     Association with metabolic Syndrome.	Dr Vishal Pai
09:15- 09:45	Award paper presentation	
(5+1 mins)	Epidemiological pattern of nail disorders among patients attending dermatological out-patient department in a tertiary care institute of eastern India: an 1 year cross-sectional study.	Dr Swarnali Maiti
	<ol> <li>Interventional study comparing surgical approaches for ingrown toenail management: partial nail avulsion with chemical phenolisation over wedge resection of lateral nail fold.</li> </ol>	Dr Vignesh Narayan R
	Nail changes and disorders among the geriatric population: a cross-sectional study.	Dr Tanya Nayan
	4. See through the nailens! Onychoscopy.	Dr Veena
	<ol> <li>Study of clinical and dermoscopic finding in nail psoriasis and its correlation with psoriatic arthritis: a cross sectional study.</li> </ol>	Dr Vejeta Rani



## DAY 3: 26<sup>th</sup> November 2023, Sunday

09:45-10:45	Quiz	Dr Namitha Chathra, Dr Chaitra S
10:45-11:00	Future directions in the field of nail	Dr S Sacchidanand
11:00-11:15	Nail Unit photography	Dr Ishmeet Kaur
11:15-11:30	Nails in Systemic diseases	Dr Arzoo Mishra
11:30-11:45	Discussion	
11:45-12:00	Coffee break	
12:00-12:15	Management of nail psoriasis	Dr Vineet Relhan
12:15-12:35	Twenty nail dystrophy, Nail lichen planus	Dr Sriharsha
	and management	
12:35-12:50	Approach to onycholysis	Dr Chander Grover
12:50-13:05	Nail Cosmetics	Dr Shikha Bansal
13:05-13:15	Discussion	
13:15-13:30	Valedictory	

Host : Nail Society of India Co-Host : Dept. of Dermatology, BMCRI



#### Venue:

Bangalore Medical College & Research Institute (BMCRI) Bengaluru.

Web: https://onychocon2023.com/ Mob: 8217591007