

ONYCHOCON 2022

3rd - 4th December

11th

Annual National Conference of Nail Society of India

VUDA CHILDREN THEATRE,
VISAKHAPATNAM





WELCOME MESSAGE

Dear friends

It gives me immense pleasure to invite you all for the much-awaited ONYCHOCON 2022, the 11th Annual National Conference of Nail Society of India, being organized at VUDA Children Theatre, Visakhapatnam on the 3rd-4th December 2022. With our World looking up from the effects of the pandemic, we look forward to your physical presence during the proceedings. The event has been in the making for the past two years and we finally have the good fortune to welcome you all to our beautiful city.

Nail diseases and disorders, once considered neglected, are now gaining importance among dermatologists. Dermatologists are the true onychologists. Nail unit surgeries and their gratifying results are an important surgical skill of our fraternity.

With a galaxy of onychologists, renowned and distinguished academicians, researchers and clinical experts, and faculty members from all over India we believe that ONYCHOCON 2022 provides an excellent platform to interact, exchange, teach, learn, and invent novel therapeutic strategies and showcase the valued propositions to the local and regional dermatologists and

reinforce the commitment to the development and progress of onychology.

Our aim is to introduce and establish newer diagnostic, therapeutic and surgical techniques for nail unit disorders and encourage dermatologists to actively take up nail care in their day-to-day practice.

The conference will be a 2 days event with back-to-back educational sessions and practical workshops aimed at imparting diagnostic and surgical skills in the field of onychology, under the guidance of leading national and international experts.

Visakhapatnam – popularly known as the “Port city” is a major tourist destination and is particularly known for its beaches, ancient Buddhist sites, and the natural beauty of the





surrounding Eastern Ghats. The city has witnessed a tremendous growth across all sectors. As of today, our city is an important tourist destination with infrastructure capable of catering to a large number of visitors. The city is well connected by road, train or air. The port of Visakhapatnam is renowned for being home to the oldest shipyard in all of India, and with a plethora of manmade wonders and natural spectacles, and is a must-visit tourist destination in South India. It offers a unique blend of culture, cuisine and comfort which is extremely enjoyable. Find out why Visakhapatnam is called “City of destiny” when you visit the temples bells of Simhachalam, catch a spectacular glimpse of ships lined up in columns along the coast, or feel the immense scenic beauty of Araku valley.

For us, winter starts in December and it is an ideal time to plan a trip to Vishakhapatnam, as temperatures range from 16-26 degrees, and weather is pleasant. It is also the start of tourist season, with the beginning of winters offering a fantabulous experience to the travellers. The hotels in Vishakhapatnam range from the most luxurious to deluxe hotels, budget hotels & guest houses, to suit all pockets.

The well-equipped & staffed hotels provide the best of hospitality, services, food facilities and overall ambience for the guests.

The venue of the conference is in the heart of the city at the brand new VUDA Children's Arena, spread across two floors with a built-up area of 2000 sqmts. The high-ceiling and beautiful architecture looks very inviting from the outside. Walk in through the main gate and you are bound to fall in love with the space that has been created. Green stretches of lawn on one side, parking space on the other and a mini-zoo are a few attractions across this two-acre stretch that would catch your attention right as you enter. It's very well connected with the hotels and main centres of the city.

Our organizing team is a well balanced combination of proven experience and unbridled enthusiasm; so, please be our valuable guest to share the experience of 'nail biting scientific sessions', warm hospitality and mouth-watering south Indian cuisine. A whole new generation of young dermatologists is very much looking forward to welcome nail enthusiasts to the Port city. Rest assured that our dedicated team members will leave no stone unturned in making the 11th ONYCHOCON, a signature event, raising the benchmark for years to come.

We look forward to interacting with all of you and to experience our warm hospitality.

Regards

Organizing chairman

Dr. K.V. Madhu Babu – ONYCHOCON 2022



TEAM ONYCHOCON 2022

Organizing chairperson: **Dr.K.V.Madhu Babu**
Organizing secretary: **Dr.T.Sriharsha**
Scientific chairperson: **A.Sasi Kiran**
Scientific Secretary: **Dr. B.Kavya**
Treasurer: **Dr. Y. Swetha Madhavi**

NAIL SOCIETY OF INDIA

President: **Dr. Sushil Tahiliani**
Vice President: **Dr. Vineet Relhan**
Secretary: **Dr. Chander Grover**
Treasurer: **Dr. Khushbu Mahajan**
Joint Secretary: **Deepak Jakhar**

NORTH ANDHRA ASSOCIATION OF DVL

President: **Dr. P.V.Krishna Rao**
Secretary: **Dr. Y.Prathyusha**
Treasurer: **Dr. Sravani Sandhya**

PATRONS

Dr. G. Raghurama Rao
Dr.T. Narayana Rao
Dr.B.V. Rama Chandra

IADVL AP

President: **Dr.K.Venkata Chalam**
Secretary: **Dr.K.S.Divya**
Treasurer: **Dr.M.Divya**

Registration Fee:

	EARLY BIRD (JULY 31 st)	REGULAR (October 30 th)	SPOT
NSI MEMBER	5500	6500	7500
NSI NON-MEMBER	7000	8000	9000
POSTGRADUATES	5000	5500	6000
ACCOMPANYING PERSON	3500	4500	5000

Bank details:

Account number: 568320110000138

Bank account name: ONYCHOCON 2022

IFSC CODE: BKID0005683

Bank name: Bank of India, Mithilapuri colony, Madhurawada, Visakhapatnam.

DATES TO REMEMBER

Last date of early bird registration 31st July 2022

Last date of Abstract Submission 30th September 2022

Last date for quiz registration 15th October 2022

'Join NSI' (Nail Society Of India) to avail membership benefits.

Please visit www.nailsocietyofindia.com for more details.



REGISTRATION FORM

Name:	
Age:	
Gender:	Male/Female
Address:	
Pincode:	City/State:
Country:	
Email:	Mobile:
Mobile	
Name of the Medical Council	
Medical council registration number:	
IADVL membership number:	
NSI membership number:	

Abstract Submission

Abstracts are invited for Free paper / Award paper / E Poster

Abstracts related to nail diseases only will be accepted

All abstracts must be submitted in English. A “blinded” selection process will be used.

The material in the abstract must be original and not previously published.

The title should be as brief as possible but long enough to clearly indicate the nature of the study. Abbreviations must not be used in the title. The title should not be written entirely in capital letters.

If an abstract is being submitted by a PG student, please send a forwarding letter from the HOD or Department Faculty.

No mention of pharmaceutical company names should be included in the abstract.

The size of the abstract is limited to 300 words and should be structured as below.

Structure your abstract using the following subheadings:

Introduction & Objectives: A sentence describing the purpose of the study.

Materials & Methods: Describe your selection of observations or experimental subjects precisely

Results: Describe your results in a logical sequence.

Conclusions: Emphasise new and important aspects of the study and conclusions that are drawn from them.

Conflict of interest: Declaration of conflict of interest is mandatory.

NOTE: Abstracts are to be sent to scientificonychocon2022@gmail.com

Quiz for postgraduate students

Students wishing to participate in the Quiz shall mail their details to scientificonychocon2022@gmail.com. Attractive prizes for award papers and quiz winners!

Tourists Attractions



1. **Rushikonda beach:** Known as one of the virgin beaches of South India, Rushikonda beach is no doubt one of the best beaches of Vizag. During the evening time, this beach is surrounded by nature lovers and adventure enthusiasts enjoying some beautiful moments amidst the scenic view of the beach with cool breeze caressing them. Tourists indulging in

water sports in the clear waters of the beach is a regular sight here. Additionally, AP Tourism has built up cottages around the beach along with restaurants and other amenities making it an attractive tourist spot.

2. **VUDA park:** Taraka Rama Park, more popularly known as VUDA park is one of the major attractions of Vizag. Sprawling over 55 acres, VUDA park is developed by Visakhapatnam Urban Development Authority and is one of the most attractive tourist spots in Vizag. With 37 acres covered with beautiful lawns, over 2500 shady trees, a variety of species of flower plants; VUDA park attracts nature lovers in huge numbers.





3. INS kursura submarine museum:

INS Kurusura served the Indian Navy for 31 years and then it was decommissioned and turned into a museum in 2001. With a length of 91.3 meters and breadth of 8 meters, the INS Kurusura submarine played a vital role in a number of wars including the 1971 Indo-Pak war. The INS Kurusura submarine museum at RK beach is the first submarine turned into a museum in the whole of Asia and second in the world. The museum depicts the milestones of the



evolution of submarine through artifacts, photographs and written scripts. The museum showcases the life inside a submarine and hardships faced by the submariners in the sea.



4. Tu142 Air Craft museum

:After 30 years of service the TU-142M Aircraft of Indian Navy was decommissioned and placed at Visakhapatnam sea beach by converting it to a museum. Located just opposite to Submarine museum this became one more major tourist attraction at RK Beach Area.

5. Kailsagiri: One place in Visakhapatnam which is as famous as the sprawling beaches here is the Kailasagiri Park situated on a hilltop. Kailasagiri is one of the prime attractions and a popular picnic spot for all the tourists visiting the beautiful city of Vizag. Spread over 100 acres on a hilltop, Kailasagiri offers a panoramic view of the surroundings that every nature lover craves for.





6. Dolphins nose:

A hidden gem nestled in the southern part of the city, Dolphin's Nose is one of the popular tourist places to visit in visakhapatnam that treats your eyes with an enchanting view of the breath-taking landscapes,



lush-greenery, harbour and the entire city from the top of the hill. Positioned at a height of 358 meters above the sea level, Dolphin's Nose boasts of an amazing location with a cool and breezy atmosphere where you can relax, rejuvenate and soothe your senses with a view to die for.



7. Varaha Lakshmi Narasimha temple, Simhachalam:

Originally known as Varaha Lakshmi Narsimha Temple, Simhachalam Temple is a famous shrine that offers holy and mystical vibes to the devotees of Lord Narsimha and has an exceptionally calm atmosphere to attract tourists from all around the world.

8. Vizag water world: It is one of the only theme parks in India to have diversified entertainment attractions under one roof. It is spread over 24 acres and comprises of an amusement park, water park,





9. Totlakonda: The Buddhist Complex of Thotlakonda is sited on a hill near Bheemunipatnam, Andhra Pradesh, India, about 15 kilometres (9.3 miles) from Visakhapatnam. The hill, which is about 128 metres (420 feet) above sea level and overlooks the sea, is about 128 metres (420 feet) above sea level.



Thotlakonda was discovered during an Indian Navy aerial survey for the purpose of establishing a naval base. Excavations revealed the presence of a Hinayana Buddhist complex dating back to the year 2000. A tank to the south of the complex served as a water source for the monastery's residents.



10. Baavi Konda: The ancient Bavikonda Buddhist Monastery was built around the 3rd century BCE. According to the excavations done at the site, there were several items which helped in calculating the age of the complex.

11. Bheemili beach: A preferable destination for weekend stays, Bheemunipatnam Beach, surrounded by verdant coconut plantations, palm groves, lush greenery and refreshing climate, promises its tourists a peaceful and serene ambiance along with breathtaking sea views. It is a great place for one-day excursions and an ideal spot for family picnics



12. Indira Gandhi zoological park: Surrounded by the Eastern Ghats on three sides and set in the laps of the Kambalakonda Forest Reserve this park is spread over a luxurious 625 acres and is home to almost 80 species of wildlife, making it one of the largest zoological parks in Andhra Pradesh.



13. Tenneti park:

VudaTenneti Beach Park is an urban park in Visakhapatnam. This park is located on the Beach Road in Jodugullapalem and looks out to the Bay of Bengal. Tenneti Park has been recently renovated for tourism purposes. The greenery along



the coastline was restored to its former glory. This park is claimed to be the first children's park in the city and is also known as one of the oldest parks in Visakhapatnam.



14. Rama naidustudios:

The Rama Naidu studios can spice up your Vizag tour. The Rama Naidu studios, which are located near the beautiful Bay of Bengal, have been used to film a number of South Indian films.

15. Kambalakonda wild life sanctuary:

Kambalakonda Wildlife Sanctuary is a vast forest reserve located near Vishakapatnam, Andhra Pradesh, covering an area of seventeen thousand acres. With lush green foliage covering the terrain, the sanctuary is a great place for trekking and hiking while also making it sustainable for wildlife at the same time.





16. Yarada beach: Yarada Beach is a well-maintained beach in India at present and has a calm atmosphere for all age groups. Unlike other tourist attractions, it is far away from the madding crowd and presents an exclusive range of activities that never lets you get bored, no matter what.



17. Araku valley : Located at a distance of 120 km from Vizag is a beautiful hill station called Araku which is as popular as the beaches of Vizag.

Blessed with enchanting streams, lush green forests, beautiful waterfalls, sprawling coffee plantations, rich landscape and wonderful weather, Araku valley is no doubt a famous tourist destination attracting nature lovers, honeymoon couples, and adventure enthusiasts from all over the country

18. Borra caves :

Located in the Ananthagirimandal of the Visakhapatnam district in Andhra Pradesh are one of the largest caves of the country known as Borra Caves.

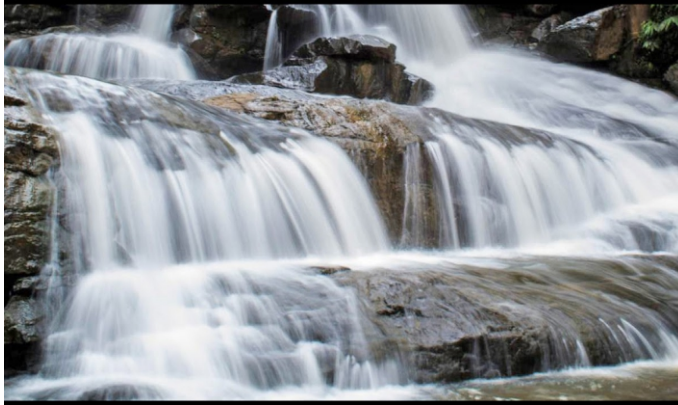
Discovered by William King George of the Geological Survey of India, these one million year old caves attract huge number of tourists every day and have become one of the major attractions of Vizag. Located at an elevation of 1400 m above sea level, these beautiful caves are a visual treat to the





19.Kothapally waterfalls:

It's time to treat your eyes with one of the best waterfalls on your Vizag tour.



. Situated 30 km away from Paderu village, 45 km away from Lambasingi and 60 km away from Araku, Kothapally Waterfalls is a great place for vacationers to enjoy the peace of nature at its best.

20.Lambasinghi:

Lambasingi is a small village located in Chintapallimandal of Andhra Pradesh's Visakhapatnam district. The hamlet is nestled in the picturesque mountains of the Eastern Ghats. Located around 1,000 metres above sea level, Lambasingi offers visitors a pleasant climate, a view of the dense forests and makes for a peaceful weekend getaway.



21.Bojjanakonda and Lingalakonda: Situated in a village called Sankaram, Bojjana Konda and lingalakondarepresents a significant aspect of Indian history that is surely going to leave you in awe. It is a major tourist attraction and this buddhist heritage site depicts how culturally rich and extravagant our ancestry imbibed us with. a peaceful weekend getaway.

